

This half term our Jigsaw topic is 'Changing Me' in Year 2 we will be learning about life cycles, growing up and what makes boys and girls different. These lessons are statutory and all children will take part in them. It is essential for their knowledge and safety that children are using the correct scientific names for body parts. We will be naming vagina, penis, testicles, vulva and anus. We will also be talking about what 'private body parts' means, those kept private by underwear. We will be discussing how no one has the right to touch these parts of our bodies. At the end of the topic, we will be talking about changes and looking forward to moving to Year 3. Below is a summary of the learning to help you talk to your child at home.

Lessons in Changing Me	Lesson Contents
1. Life Cycles in Nature	Animal and human life cycles.
2. Growing from Young to Old	Growing from baby to adult and understanding that we can't control all changes
3. The Changing Me	How has my body changed since I was a baby?
4. Boys' and Girls' bodies	Identifying and correctly naming the parts of the body that make girls and boys different. Understanding that some body parts are private
5. Assertiveness	Knowing about different types of touch. Being confident to say when I don't like something and knowing who to tell.
6. Looking Ahead	Looking forward to changing year group.

Questions for home learning:

How have you changed since you were a baby?

Which parts of your body are private?

Who is allowed to see your private body parts?

What should you do if you don't like the way someone is touching you?

Who can you talk to if you ever feel worried or frightened? (at school/home)

What is your favourite part of Jigsaw lessons?

We hope your child enjoys their Jigsaw lessons. Please get in touch if you have any questions.

Kind regards,

The Year 2 Team