

Cropwell Bishop Primary School Heatwave Action Plan

1. Classroom and Environment Adjustments

- Pre-cool spaces: Open windows early morning. Close them when outdoor temperatures rise above indoor levels.
- Shading and lighting: Close blinds to block direct sunlight. Turn off unnecessary lights and electrical equipment to reduce residual heat.
- Strategic fan usage.
- Relocating classes: Move students to cooler parts of the building, such as north-facing rooms, or halls.

2. Uniform and Clothing

- Loose and light clothing: Permit pupils to wear loose fitting uniform or their PE kits.
- Sun protection: Encourage wide-brimmed sunhats. Remind parents to apply high-factor sunscreen before school. Pupils to re-apply at intervals throughout the day.

3. Activity and Timetable Modifications

- Limit exertion: Cancel or reduce strenuous physical education and outdoor sports during peak heat hours.
- Shaded play: Restrict outdoor break times to shaded areas under trees or canopies.
- Adjust timetables: Rearrange the school day where possible to hold quieter activities during the hottest periods.
- Check equipment: Inspect metal and plastic playground equipment before use, as surfaces can become dangerously hot.
- Early finish to lunchtime play
- PM play paused- classes access outside time individually in order to maximize the use of shaded areas.

4. Hydration and Welfare

- Open access to water: Allow students to keep water bottles at their desks and drink freely throughout lessons.
- Structured water breaks: Prompt younger pupils to drink water at regular, timed intervals.
- Lunchtime hydration outdoors: Ensure additional, supervised water breaks during outdoor lunchtimes. Provide easily accessible water stations and opportunities to refill bottles and encourage all pupils to pause regularly to drink.
- Monitor for heat stress: Staff to quickly identify signs of heat exhaustion or heatstroke (e.g., flushed skin, confusion, shallow breathing) and apply immediate first aid.