













Autumn / Winter Menu Week 1

10th Nov, 1st & 22nd Dec, 19th Jan, 9th Feb, 2nd & 23rd March

Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausages & Home-baked Potato Wedges	Beef Taco with Corn Tortilla, Tomato Sauce & Sunny Rice 	Roast Chicken, Gravy, Stuffing & Mashed Potato or Roast Potatoes	Wholemeal Tomato & Cheese Pizza & Home-baked Potato Wedges 	MSC Fish Fingers & Chips
Vegetarian Option	Macaroni Cheese	Plant Based Pasta Bolognese VG 	Quorn Grill, Gravy, Stuffing & Roast Potatoes 	Cheesy Egg Muffins & Home-baked Potato Wedges	Jacket Potato & Mild Vegetable Chilli VG 
Vegetables	Seasonal Vegetable Selection	Seasonal Vegetable Selection	Seasonal Vegetable Selection	Seasonal Vegetable Selection	Seasonal Vegetable Selection
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo, Cheese or Beans 
Dessert (Yr2, Yr3, Yr4, Yr5, Yr6)	Vanilla Shortbread VG & Chocolate Sauce	Chocolate & Pear Crumble VG & Custard 	Strawberry Jelly VG	Oaty Date Cookie 	Vanilla Ice Cream
Dessert (Reception & Yr1)	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit.

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.