High Adventure

Mount Everest is the highest mountain in the world. In 1953, Edmund Hillary and Tenzing Norgay were the first people to climb to the top of Mount Everest. This is an extract from Edmund Hillary's book about this adventure. It describes the first time Hillary saw a mountain.

> I was sixteen before I ever saw a mountain. My father's rapidly expanding bee business had occupied all my holidays, and I'd learned to do a full-size job before I entered my teens. But in the winter of 1935 I'd saved a little money and I was allowed to join a School Ski-ing Party to Ruapehu – one of our large New Zealand volcanoes. I was in the Lower Sixth Form at the time – a tall, bony, clumsy-looking youth, far from being the brightest lad in the class; and I don't think I'd been more than fifty miles outside of Auckland. I'd heard glowing tales from the other boys about ski-ing holidays, but it didn't mean a great deal to me - all I wanted was a chance to see the world.

I saw my first snow at midnight when we stepped off our train at the National Park station. There wasn't much of it but it was a tremendous thrill, and before long snowballs, as hard as iron, were flying through the air. And as our bus carried us steadily up towards the Château*, perched high on the mountain-side, its powerful lights sparked into life a fairy-land of glistening snow and stunted pines and frozen streams. When I crawled into my bunk at two in the morning, I felt I was in a strange and exciting new world.

For ten glorious days we skied and played on the lower slopes of the mountain, and I don't think I ever looked towards the summit*. We had been told the upper parts of the mountain were dangerous, and I viewed them with respect and fear. I never dared to venture* on them. I returned home in a glow of fiery enthusiasm for the sun and the cold and the snow – especially the snow!

An extract from High Adventure by Sir Edmund Hillary (2003): pp.1-2 Oxford University Press

Glossary Château — castle summit — the top of a mountain to venture — to risk going

1	Why did Edmund want to go on the ski trip?	
	ned medala of the 2008 Olympics to Bolfing, and two bronze medala of the 2012 Olympics in	2 marks
2	How do you think Edmund felt when he reached the National Park station? Explain your answer.	
	When did you get lote swimming! so that when we went on holiday, they could leave us in the pool without being scared. Similarly one were gave me excomposition as I sharp wanted to keep up. Similarly one were gave me excomposition as I sharp wanted to keep up. Similarly one were gave me excomposition as I sharp wanted to keep up.	2 marks
3	What phrase does Edmund use to describe the snowballs?	1 mark
4	Why do you think Edmund describes the mountain as "a fairy-land" (line 16)?	
(5)	Give one reason why Edmund didn't go onto the	2 marks
	upper parts of the mountain during the trip. 25 or smooth to the mountain during the trip. 26 or smooth to the mountain during the trip.	1 mark
6	As an adult, Edmund Hillary became a mountaineer and explorer. Do you think this ski trip influenced his choice of career? Explain your answer.	
	Total out of 10	2 marks

An Interview with Rebecca Adlington

Rebecca Adlington had a very successful career as a competitive swimmer. She won two gold medals at the 2008 Olympics in Beijing, and two bronze medals at the 2012 Olympics in London. In this interview, she talks about how she got into swimming and why she loves it.

When did you get into swimming?

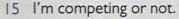
When I was younger, my parents took me and my older sisters to swimming lessons so that when we went on holiday, they could leave us in the pool without being scared. Swimming with my older sisters gave me extra motivation as I always wanted to keep up with them.

When did you decide you wanted to compete?

I joined a club when I was eight or nine, but I didn't start racing until I was 10 or 11. My first big competition was the European Youth Olympic Festival in 2003, when I was 14. After that, I thought I can really do this. After my GCSEs, I took a year off to focus on 10 competitive swimming and I haven't looked back.

What do you love about swimming?

There's something uniquely fun about being in the water. There's nothing like it. Everyone should experience it. I love being in the water, whether



How does swimming keep you healthy?

Swimming works every muscle group in your body, but it's kind to your joints. The risk of injury is very low compared to other sports. So it's healthy and safe. There's no upper age limit for a swimmer. At my local pool at 7am, you'll see the older guys swimming next 20 to schoolchildren. It's a wonderful contrast and shows that swimming is for everyone.

What's your training routine?

I do about 10 sessions a week, at two-and-a-half hours each. All I do is sleep, train, drive and occasionally find time to eat.

What's your advice on staying motivated?

- 25 I train with a squad of 20 people and that really helps. We're all friends and we push each other. My advice is to go swimming with a friend regularly. Having someone to swim with will encourage you to swim on days when you're lacking motivation. It's also good to mix things up. Practise different strokes, use kickboards to work your legs, set yourself little targets such as increasing the number of lengths you can do or improving certain areas of
- 30 your technique.



From http://www.nhs.uk/Livewell/fitness/Pages/rebecca-adlington.aspx

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My Name is Mina

My Name is Mina is a novel by British author David Almond. The main character is a nine-year-old girl called Mina. The book is written in the form of Mina's diary. In this extract, Mina starts keeping a diary for the first time, and thinks about what she wants to write in it.

There's an empty notebook lying on the table in the moonlight. It's been there for an age. I keep on saying that I'll write a journal. So I'll start right here, right now. I open the book and write the very first words:

MY NAME IS MINA AND I LOVE THE NIGHT.

Then what shall I write? I can't just write that this happened then this happened then this happened to boring infinitum*. I'll let my journal grow just like the mind does, just like a tree or a beast does, just like life does. Why should a book tell a tale in a dull straight line?

Words should wander and meander*. They should fly like owls and flicker like bats and slip like cats. They should murmur and scream and dance and sing.

Sometimes there should be no words at all.

Just silence.

Just clean white space.

Some pages will be like a sky with a single bird in it. Some will be like a sky with a swirling swarm of starlings in it. My sentences will be a clutch*, a collection, a pattern, a swarm, a shoal, a mosaic. They will be a circus, a menagerie*, a tree, a nest. Because my mind is not in order. My mind is not straight lines. My mind is a clutter and a mess. It is my mind, but it is also very like other minds. And like all minds, like every mind that there has ever been and every mind that there will ever be, it is a place of wonder.

An extract from My Name is Mina by David Almond.

Glossary infinitum — forever a clutch — a group meander — follow a winding path a menagerie — a collection of unusual animals

1	Is it daytime or night-time in this extract? How can you tell?	
		2 marks
	Why do you think line 4 is written differently to the rest of the text?	
		1 mark
3	What does Mina mean by "clean white space" (line 14)?	
	Limpwee He shi madily as the cocorda And pour the waters of the Nile	1 mark
4	What do you think a page "like a sky with a single bird in it" (line 15) would look like	9?
	How decirally he secure to prin. How neetly spreads his claws.	1 mark
5	The word "swarm" on line 17 is (circle one):	
	a. a verb b. a proper noun c. a collective noun d. an adverb	1 mark
6	Why does Mina say "My mind is not straight lines" (lines 18-19)?	
	For as he sleeps upon the Nile, He thinner gets and thinner.	
	And whene'er you meet a crocodile	2 marks
7	Write down one adjective to describe Mina's personality. Explain your choice.	2 mark
	Total out of 10	_ mark
		t amain

The Secret History of Tom Trueheart

The Secret History of Tom Trueheart is a novel by Ian Beck. It is set in the Land of Stories. The main character, Tom Trueheart, has six brothers who are all brave adventurers. In this extract, the reader meets Tom for the first time, and finds out about his worrying secret...

Once upon a time, long ago, near the Land of Stories, lived young Tom Trueheart. He was the youngest of the famous Trueheart family of adventurers. He lived far away from here, and even further from now, in a carved and painted wooden house near a busy crossroads, on the edge of a deep dark forest, in the time of fables. He lived with his kindly mother, and with his six older brothers.

Tom's six older brothers were all named Jack.

It was these brave brothers, these same six, fabled, heroic Jacks who had carried out all of the toughest, scariest, and most romantic and exciting adventures so far to have happened in the Land of Stories.

All of the great stories had happened to a Jack.

Over the years, the youngest son Tom Trueheart had grown into an imaginative, kind, and helpful boy. He was not tall or broad for his age, as all his brothers had been, he was slight and wiry. His hair was dark and curled naturally, while all his brothers had hair which was straight and worn long like a Viking warrior.

From the earliest age he had suffered from bad dreams after listening to all the scary adventure stories of his older brothers. Dreams of wolves waiting in the darkest parts of the forest with big teeth and dripping jaws. Dreams of Ogres and Giants and dark dungeons and black-cloaked, smiling villains. Even when there was just Tom and his mother, and they had a rare quiet evening on their own together, she would insist that they huddled cosily side by side in the inglenook fireplace (the kind you can actually sit inside) and she couldn't resist telling him one or two of the old and really scary stories. Stories, after all, were the family trade...

There was just one thing: Tom carried in his heart a worrying secret. A secret he kept locked up very tight inside. He was not like his bigger brothers in one other very important way. *He was not at all brave*.

An abridged extract from The Secret History of Tom Trueheart, Boy Adventurer by Ian Beck.

1	Which noun in lines 2-5 means 'stories'?	
		1 mark
2	What does the phrase "even further from now" (line 3) tell you about when this story is set?	
	jellyfish in the UK: Huge blooms of barrel	1 mark
3	How many people live in the Truehearts' house?	
	Scores of large jellytish have been than some parts of the Mediterranean than some parts of the Mediterranean than they have been amared to warner than 50 growth of plankton in our waters.	1 mark
4	Tom's brothers are famous in the Land of Stories. Why do you think this is?	
	Blooms of barrel juliphorpdurees in the second seco	
	10. appearance had seen loss had been appeared to look up and see it.	1 mark
5	Give two differences between the way Tom looks and the way his brothers look.	
	firstly-like nasue. 15. Aktrough the iellyfish, which have no	
	to some, they're actually harmless to	
(8)	Care of the control o	2 marks
(6)	Do you think Tom enjoys listening to adventure stories? Explain your answer.	
	the blooms of jellyfish floating about not that the	
	The two bearwaye days and tooker and that your taken blook at the control of the	2 marks
7	Why do you think Tom keeps it a secret that he is not brave?	
	And the Analysis of the Analys	2 marks
	Total and of see also both a — dout of 10	

Carrie's War

Carrie's War by Nina Bawden is a novel set during World War Two. During the war, children living in English cities were sent to the countryside because cities were at risk of being bombed. In this extract, Carrie and her brother Nick are moving to Wales from their home in London.

He threw up all over Miss Fazackerly's skirt. He had been feeling sick ever since they left the main junction and climbed into the joggling, jolting little train for the last lap of their journey, but the sudden whistle had finished him.



Such a noise — it seemed to split the sky open. 'Enough to frighten the dead,' Miss Fazackerly said, mopping her skirt and Nick's

face with her handkerchief. He lay back limp as a rag and let her do it, the way he always let people do things for him, not lifting a finger. 'Poor lamb', Miss Fazackerly said, but Carrie looked stern.

'It's all his own fault. He's been stuffing his face ever since we left London. Greedy pig. *Dustbin*.'

He had not only eaten his own packed lunch — sandwiches and cold sausages and bananas — but most of Carrie's as well. She had let him have it to comfort him because he minded leaving home and their mother more than she did. Or had looked as if he minded more. She thought now that it was just one of his acts, put on to get sympathy. Sympathy and chocolate! He had had all her chocolate, too! 'I knew he'd be sick,' she said smugly.

'Might have warned me then, mightn't you?' Miss Fazackerly said. Not unkindly, she was one of the kindest teachers in the school, but Carrie wanted to cry suddenly. If she had been Nick she would have cried, or at least put on a hurt face. Being Carrie she stared crossly out of the carriage window at the big mountain on the far side of the valley. It was brown and purple on the top and green lower down; streaked with silver trickles of water and dotted with sheep.

Sheep and mountains. 'Oh, it'll be such fun,' their mother had said when she kissed them good-bye at the station. 'Living in the country instead of the stuffy old city. You'll love it, you see if you don't!'

An extract from Carrie's War by Nina Bawden.

1	Find and copy a phrase from lines 7-12 which shows that the whistle was very loud.	
		1 mark
	uit e'il wolf -erretteeup granwene imp einst geliner te seileeng le plaste bed ec'uor ,worde	
2)	Was Miss Fazackerly angry with Nick for being sick on her skirt? How can you tell?	
	you of au at teen specified terly tud unote sell as teels a above sell we seemed some being trees	
		1 mark
3	Why did Carrie give her lunch to Nick?	
	surfections mattered home from severy one and never he pend designed executions	
	bandances and long supredes and of contract, less to before secured described in the	
	o find a small, brange dragon with tears streaming down its face.	1 mark
	a. Carrie says "smugly" in line 20 that she knew Nick would be sick.	
4)	What does 'smug' mean? Use a dictionary to help you.	
		1 mark
		Tinark
	b. Why do you think Carrie was feeling smug?	
		1 mark
5)	How does Carrie know Miss Fazackerly?	
		1 mark
6	Why do you think Nick and Carrie's mother told them that	
0	living in the country would be "such fun" (line 27)?	
		· 2 marks
		2 marks
7	How do you think Carrie and Nick would have felt being evacuated from home?	
0	How do you mink carrie and more than	
	Start and the st	2 mar
	Total	
	out of 10	

Jellyfish in the UK

Jellyfish have bell-shaped bodies and long tentacles or arms. Many jellyfish are harmless to humans, but some can sting. Jellyfish stings can cause serious pain and illness. This article is about the barrel jellyfish, a harmless jellyfish which is found in the seas around Britain.

Jellyfish in the UK: Huge blooms of barrel species found on coast after mini-heatwave

Scores of large jellyfish have been discovered on Britain's coastline after they have been attracted to warmer conditions brought on by a recent mini-heatwave.

Blooms of barrel jellyfish - that can grow up to the size of a dustbin lid have been spotted on the south coast after a summer-like climate made a brief 10 appearance.

The species can weigh up to 55lbs (24kgs) and have eight thick "arms", rather than tentacles, made from frilly-like tissue.

- 15 Although the jellyfish, which have no brain or bones, may appear frightening to some, they're actually harmless to humans as their stings are not strong enough to wound, however it is advised
- 20 to not touch them.

They live exclusively off plankton* that thrive in warm weather.

A video filmed from a fishing boat shows the blooms of jellyfish floating about not 25 far from Falmouth Bay in Cornwall.

The two heatwave days - which saw temperatures reach 25C and were hotter than some parts of the Mediterranean - are likely to have encouraged the rapid

30 growth of plankton in our waters.

A diver faced one of the tentacled creatures during an exploration in Plymouth Sound on Friday evening.

Todd Palmer told the Plymouth Herald:

35 "It's the biggest one I've seen. I was looking for nudibranchs* and just happened to look up and see it.

"I've seen three recently. They're not too rare but usually it's a sign of a good

summer."

Last year saw the most barrel jellyfish on the UK coast since 2002, according to nature website Bug Life.

One weighed just over 44lbs (20kgs), which is impressive considering jellyfish consist of more than 90 per cent water.

If this summer is as warm as the last then the number of them could be even higher. In winter, the jellyfish usually

swim deeper and further away from the UK.

Glossary

plankton - tiny creatures floating in the sea nudibranch - a kind of sea slug

From www.independent.co.uk

		29
	Write down a word that the author could have used instead of "scores" in line 1.	
		. 1 mark
		i man
	Why do barrel jellyfish have more to eat when the weather is warm?	
	wing do barrer jelighen have more to ear when the weather is warm?	
		1 mar
	According to the article, which two body parts	
	do humans have that jellyfish don't?	
		2 mai
1	Why are fewer jellyfish found in British waters in the winter?	
1	Vital Difference and Emphasized Agency (1977)	
	we want not nanoverence. He lay back timp as a rag and let her do it, the way	
	Fazackerly said, but Carrie looked stern.	
	'it's all his own thult. He's been stuffing his face over since we left	1 ma
	London, Greedy pig. Dustbin.	
)	Which adjective best describes this text? Circle one.	
	a factual b persuasive c. fictional d. exciting	
	a. factual b. persuasive c. fictional d. exciting	1 ma
)	Which two presentational features show that this text is a newspaper article?	
/	unkindly, she was one of the sindest reachers in the second of the sindest reachers in the second of	
	hurt face. Being Carrie she stared crossly out of the carriage window at the big	2 m
	green lower down; streaked with silver trickles of water and dotted with Learning	
	to the bound of th	
)	How do you think Todd might have felt when he looked up	
/	and saw a barrel jellyfish? Explain your answer.	
		21
	An extract from Carrie's War by Nina Bawden	
	Total	
	out of 10	
	t to be photocopied Year 3 — Targeted Co.	mprehei
VO	t to be protocopied	