










Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	<p>Cheese & Tomato Pizza served with Garlic Bread</p> 	<p>All Day Sausage Breakfast served with Baked Omelette, Diced Potatoes & Baked Beans or Sweetcorn</p>	<p>Chicken Pie & Mashed Potatoes</p>	<p>Creamy Korma Style Chicken Curry served with Mixed Rice</p> 	<p>Friday Fish Fingers served with Chips & Tomato Ketchup</p>
Vegetarian Main Meal	<p>Creamy Vegetable Penne Pasta Carbonara</p> 	<p>All Day Veggie Sausage Breakfast Served with Diced Potatoes & Baked Beans or Sweetcorn</p>	<p>Vegemince & Vegetable Pie (Ve) served with Mashed Potato</p> 	<p>Sweet Potato, Spinach & Chickpea Korma (Ve) Served with Mixed Rice</p> 	<p>Cheese Flan Served with Chips & Tomato Ketchup</p>
Jacket Potato	<p>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</p>	<p>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</p>	<p>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</p>	<p>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</p>	<p>Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise</p>
Vegetable Selection	<p>Selection of Daily Vegetables & Mixed Fresh Salad</p>	<p>Selection of Daily Vegetables & Mixed Fresh Salad</p>	<p>Selection of Daily Vegetables & Mixed Fresh Salad</p>	<p>Selection of Daily Vegetables & Mixed Fresh Salad</p>	<p>Selection of Daily Vegetables & Mixed Fresh Salad</p>
Dessert	<p>Marble Sponge & Custard</p>	<p>Chocolate Shortbread Biscuits (Ve) & Fruit Slices</p> 	<p>Iced Banana Traybake</p>	<p>Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice</p> 	<p>Chocolate Ice Cream</p>

Available Daily: Fresh Salad, Fresh Bread, Fresh Fruit

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.









Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.





Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Macaroni Cheese	Summer Hot Dog Baguette 	Roast Gammon served with Roast Potatoes & Gravy	Beef Bolognese & Penne Pasta 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal	Vegetable Enchiladas Ve Served with a portion of Sunny Vegetable Rice 	Summer Veggie Sausage Hot Dog Baguette 	Vegemince Cottage Pie (Ve) 	Cheese & Tomato Pizza served with Garlic Bread 	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
Jacket Potato	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise
Vegetable Selection	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Ginger & Mandarin Traybake 	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger With a fresh slice of Watermelon (Ve) 	Homemade Shortbread Biscuits (Ve)

Available Daily: Fresh Salad Fresh Bread, Fresh Fruit

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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Our desserts meet Public Health England's target for 'free sugar' intake for your child.









Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.





Spring Summer 24 – Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese & Tomato Pizza served with Garlic Bread 	Farm Assured Pork Sausage Roll with Baked Potato Wedges	Chicken Tagine served with Summer Vegetable Rainbow Cous Cous 	Korean BBQ Chicken & Vegetables served with Noodles 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal	Mildly Spiced Vegetable Chilli & Rice (Ve) NDP 	Cheese & Onion Puff Pastry Roll served with Baked Potato Wedges	Savoury Vegetable Mince & Gravy served with a Yorkshire Pudding & Skin on Roast Potatoes 	Korean Style Sticky BBQ Quorn, Vegetables & Noodles 	Homemade Cheese & Tomato Pizza Whirl & Chips
Jacket Potato	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise	Jacket Potato, with a choice of toppings, Baked Beans, Cheese, Or Tuna Mayonaise
Vegetable Selection	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Baked Apple Sponge served with Custard 	Tutti Frutti Jelly and Mandarins (Ve) 	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)

Available Daily: Fresh Salad, Fresh Bread, Fresh Fruit

Portion(s) of fruit or veg 

Source of wholegrain 

Contains plant-based proteins 

50% fruit 

Oily fish 

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