



Nottinghamshire Autism & Learning Disability  
Keyworking Service are proud to support:



Join us at one of our free events  
for peer support and mental health resources



### **Autism and Girls**

Autism East Midlands are delivering this **online** workshop via Teams talking about autism and girls

**10 - 11.30**  
**Mon 5th**  
**Feb**



### **How Does It Feel - to be a parent carer?**

Join us at **Retford Family Hub, Spa Lane** for a talk about how it feels to be a parent carer of a young person with additional needs

**10 - 11.30**  
**Tues 6th**  
**Feb**



### **Support for Siblings Workshop**

Join us and **Contact** at the **Pine Room, West Bridgford Library** for a workshop on supporting siblings of children with SEND

**10 - 11.30**  
**Weds 7th**  
**Feb**



### **Getting the Right Support from School**

Join us **online** for a virtual workshop talking about what schools should be doing to support your young people and what to do if things are going wrong.

**7 - 8.00pm**  
**Weds 7th**  
**Feb**

To book please email

[thekey@nottsc.gov.uk](mailto:thekey@nottsc.gov.uk)