

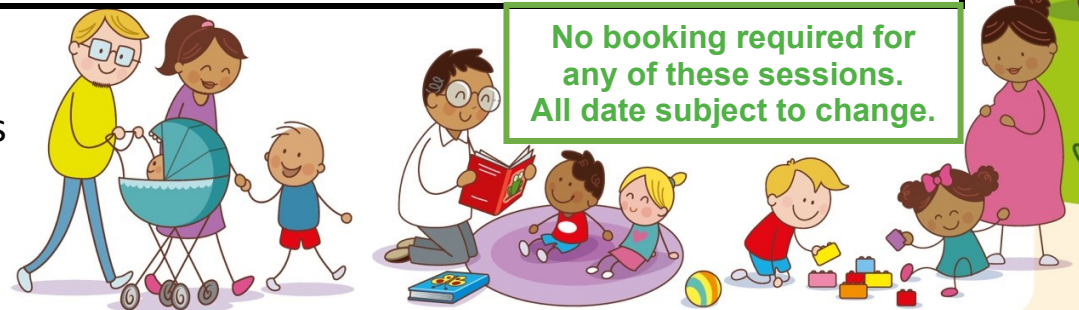
Nottinghamshire Children's Centre Service

What's on Guide - Rushcliffe Children's Centres. Term Time Only (8th Jan-28th Mar)

Tuesday	Under 5's Stay & Play (WEEKLY, starts 9th Jan) Cotgrave CofE School. 9:45-11am	NEW Under 1's Group (Weekly, starts 9th Jan) Bingham CC. 10-11:30am	
Wednesday	B.A.B.E.S Breastfeeding Group (WEEKLY, starts 10th Jan) WB Young Peoples Centre. 1:30-2:30pm		
Thursday	B.A.B.E.S Breastfeeding Group (FORTNIGHTLY) 18 th Jan. 1 st Feb & 29 th Feb. 14 th & 28 th Mar. Bingham CC. 10-11am	Under 5's Stay & Play (FORTNIGHTLY) 11 th & 25 th Jan. 8 th & 22 nd Feb. 7 th & 21 st Mar. Bingham CC. 10-11:30am	Under 5's Stay & Play (FORTNIGHTLY) 18 th Jan. 1 st Feb & 29 th Feb. 14 th & 28 th Mar. WBPC. 1:30-3pm
Friday	B.A.B.E.S Breastfeeding Group (FORTNIGHTLY). 12 th & 26 th Jan. 9 th & 23 rd Feb. 8 th & 22 nd Mar. East Leake Health Centre. 10-11am		

Family Support Drop Ins.
Various venues and times.
Contact the Children's Centre for further information

Please view our Self-Weigh sessions overleaf



No booking required for any of these sessions. All date subject to change.

T: 0115 9773 749 E: CC.Rushcliffe@nottsc.gov.uk
W: nottinghamshire.gov.uk/childrenscentreservice

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Nottinghamshire Children's Centre Service

Self-Weigh Sessions Within Rushcliffe (8th Jan-28th Mar)

Monday	Keyworth (MONTHLY) 8 th Jan. 12 th Feb. 11 th Mar. Keyworth Health Centre. 1-2:30pm		
Wednesday	Bingham (MONTHLY) 10 th Jan. 14 th Feb. 13 th Mar. Bingham Children's Centre. 9:30-11:30am	West Bridgford (WEEKLY) Starting 10 th Jan. West Bridgford Young Peoples Centre. 1-3pm	Cotgrave (MONTHLY) 17 th Jan. 21 st Feb. 20 th Mar. Cotgrave Health Centre. 1:30-3pm
Friday	East Leake (MONTHLY) 19 th Jan. 16 th Feb. 15 th Mar. East Leake Health Centre. 10-11:30am		

No booking required for any of these sessions. All date subject to change.

Please note we also deliver a number of targeted groups & services for families with children under 5 (eg New Parents Groups / Toileting & Weaning workshops etc) to support different family's needs & requirements. For further details on these please contact the Children's Centre Team. You can contact us (your Children's Centre team) if you require any further information by dropping into one of our buildings or:



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