

Net and wall

| Big Ideas/ Key Elements of PE | | |
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| <ul style="list-style-type: none"> - Movement - Development of skills and techniques - Application of skills and techniques - Co-operation/teamwork | <ul style="list-style-type: none"> - Competition - Games - Tactics - Challenge | <ul style="list-style-type: none"> - Analysis and evaluation - Preparation for life and participation - Health and fitness - Swimming |

| Yr | Term | About the Unit (unit file ref: phe#) | Where the unit fits in | Prior Learning it builds on | Intentions | Vocabulary |
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| 1/2 | | | Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. | Children will have some experience using a racket / bat in an exploratory way, observing the effects it has on a ball. | Begin to develop control over objects with a racket/bat. This can involve adapted and modified activities e.g. using a racket with a rolling ball on the floor. They will develop their understanding for applying varying ranges of force and angles to achieve differing effects on the ball. | <ul style="list-style-type: none"> • Roll • Bounce • Swing • Hit • Forehand • Backhand |
| 3/4 | | <p>Phe13:</p> <p>In this unit children focus on developing the skills they need for net/wall games and on how to use these skills to make the game difficult for their opponent. They learn to direct the ball towards the target area and away from their opponent.</p> | This unit lays the foundations for future net/wall games units, in which children will move on to play more complex games on larger courts, playing in teams of two or more. They will start to use balls that move more quickly and bounce higher and faster. They will start to play more recognised games, <i>eg short tennis, mini-badminton</i> . They will transfer the throwing and catching skills they learn in net games to other types of game, <i>eg netball, basketball</i> . Similarly, they will use and adapt the striking skills they learn in other types of game, <i>eg invasion games using sticks</i> . In all games units, they will learn how to apply rules fairly. | <p>children have:</p> <ul style="list-style-type: none"> • experienced throwing and catching activities • experienced striking a ball with different equipment and parts of the body • played a variety of simple net/wall games • played a variety of simple invasion and striking/fielding games | keep up a continuous game, using a range of throwing and catching skills and techniques; use a small range of basic racket skills; choose and use a range of simple tactics for sending the ball in different ways to make it difficult for their opponent; choose and use a range of simple tactics for defending their own court; adapt and refine rules; make up their own net games; understand the point of the game; keep rules effectively and fairly; recognise how net games make the body work; talk about what they do well and recognise things they could do better | <ul style="list-style-type: none"> • court, target, net • striking, hitting • defending • making it difficult for the opponent • tactics • scoring points |

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| | | | | <ul style="list-style-type: none"> • cooperated with a partner • learned how to compete fairly, using rules | | |
| 5/6 | | <p>Phe26: In this unit children develop the range and quality of their skills when playing games using rackets. They also learn specific tactics and skills for games such as short tennis.</p> | <p>This unit lays the foundations for future net/wall games units, in which children will transfer their skills and tactics to games that involve using a range of equipment to strike a ball after it has bounced or on the volley. They will play games on bigger courts with higher nets, using balls that bounce higher and move faster, and will learn other net/wall games, <i>eg badminton, squash and volleyball</i>. They will also spend time developing effective serving techniques and tactics.</p> | <p>Children have:</p> <ul style="list-style-type: none"> • developed basic racket skills. Most should be able to play cooperative rallies; many should be able to rally in a competitive game on a small, adapted court • learned what a net/wall game is and the type of tactics they have to use to play well • learned about rules and how to apply them consistently | <p>use forehand, backhand and overhead shots increasingly well in the games they play; use the volley in games where it is important; use the skills they prefer with competence and consistency; understand the need for tactics; start to choose and use some tactics effectively; play cooperatively with a partner; apply rules consistently and fairly; identify appropriate exercises and activities for warming up; recognise how these games make their bodies work; pick out what they and others do well and suggest ideas for practices</p> | <ul style="list-style-type: none"> • forehand, backhand, volley, overhead • rally • singles, doubles • using width, using depth, changing direction, changing speed • short tennis, badminton • defending court, covering court and partner |